



# FIVE PARKS BIKE RIDE 2020

Edition: 01 October 2019

*Author:*

*Michael Wacker,*

*Adventure Bike Racing*

*Geschwister-Scholl-Strasse 26*

*48493 Wettringen*

*Germany*

## Content

About the „Five Parks Bike Ride“	2
Registration	3
The Route	5
The Start and the Finish	10
Rules	11
Insurance	13
Timeline	13
Event Cancellation	13
Liability / Applicable law	14
Tracker	14
Participant agreement	15
Participant Release and Waiver	17
Next of kin	19
Contact	19



## About

The Five Parks Bike Ride (FPBR) is an unsupported bicycle round. It follows a 5200 kilometer given Route along Five National Parks.

Death Valley NP, Yosemite NP, Grand Canyon NP, Monument Valley NP, Joshua Tree NP

One hundred percent of the route is paved.

Limited participants field of 50 participants.

You can apply here: [www.adventurebikeracing.com/fiveparksbikeride](http://www.adventurebikeracing.com/fiveparksbikeride)

Start and Finish of the Event will be the:  
1800 Ocean Front Walk, Venice, CA 90291, USA

**Coordinates: 33.986894, -118.473613**

The event starts on September 26th, 2020.

You can start your trip from 6am local time.

Finish opens with the first rider!

Finish officially closes October 20th, 2020 at 6pm local time.

Feel free to finish later but don't expect us at the finish to welcome you in person!

Also you have to ship us the tracker back to Germany if you finish later!

The event has two categories: solo and pair

The FPBR is a do-it-yourself challenge. You are your own ride organizer.

Nobody helps a rider when something goes wrong for him. Riders have to fend for themselves.

Understand that this is a personal challenge and not against others.

Tracking participants is nothing more than showing where the participant is on the route. It is nothing more than a web-based framework to show participants progress through the tracking device.

Participants are urged to take planning seriously. Participants must study the route and the services available along the route.



## Registration, Fee and what we give

### When and How much is the Registration?

Admin fee for the tracking map is 160,- Euro!  
You can use your own tracking device or rent one from us!  
To connect your own tracking device to the tracking site we have to charge a 40,- Euro service fee!

Registration opens October, 1st 2019

For the pair category both riders have to register.  
Please tell us your riding partner.

### Limited rider field of 50! First come - first served!

### What we give:

The Route in form of a gpx file

Provided tracking site  
(linked here: <https://adventurebikeracing.com/fiveparksbikeride>)

Bag drop for the duration of the event is optional for 20,- Euro.

Digital pictures we make during the event  
(can't guarantee we have yours but we will try)

Publishing individual times on our website.



## Tracker

In case you need to rent a tracker from us you have two options!  
A Spot GPS device for 160,- Euro.

Please test your tracker as soon as you can after registration!  
Website link to follow the event will be published here:  
<https://adventurebikeracing.com/fiveparksbikeride>

Do not turn off the tracker at any time during the event!

If the rider decides to scratch from the race or arrives at the finish after 6.00pm local time on October 20th, 2020 he needs to ship the device to us.

You have to contact us as soon as possible via mail to manage the shipping details!

In case the Tracker gets lost on route or in the mail we will not pay back the deposit!

## Own Tracker info:

If you have your own tracker we need the following information before August 1st, 2020.

Shared Page: \_\_\_\_\_

ESN Number: \_\_\_\_\_

Note that we only can add the Spot Gen 3 or Trace.



## The Route

You will receive the route from us. You must follow and complete the entire route anti clock-wise. Your challenge is to only navigate the route and complete the entire route on your own.

It is your responsibility to put the route on your navigation device. Please understand that we cannot and will not help you before the event with uploading the route on your navigation device.

You can download a first draft of the route on our website  
You can download the final route on our website from May 1st 2020.  
No major changes expected!

## Start and Finish

1800 Ocean Front Walk, Venice, CA 90291, USA

**Coordinates: 33.986894, -118.473613**

**Start from September 26th, 2020 at 6am local time.**

**Finish officially closes October 20th, 2020 at 6pm local time.**

## Bag Drop

Bag drop opens: 11.00 local time - September 25th, 2020

Bag drop closes: 12.00 local time - September 25th, 2020

315 S 4th Ave Venice, CA 90291, USA

**Coordinates: 33.997134, -118.474798**

Note that we can just take a bike box and clothes  
(Valuable stuff will not be insured)

**Bag return opens with the first finisher!**

There will be just one bag return every day! Around 8.00PM local time!

The exact time will be communicated in Venice at the finish line!

**Note that we do not provide a bag return before the first finisher!**

**Note that Adventure Bike Racing is not responsible for organizing any extended luggage storage after the official bag return closed!**



## Sign up and bike check:

Sign up opens: 1.00pm local time - September 25th, 2020

Sign up closes: 5.00pm local time - September 25th, 2020

You get: Tracker

We get: Signed Participant Agreement,

Signed Participant Release and Waiver,

Signed Next of Kin Info and Proof of insurance

We get: Tracker deposit: 150,- US Dollar

We do: Bike check (light, helmet, brakes)

## Farewell before the Start:

05:30 local time - September 26th, 2020

1800 Ocean Front Walk, Venice, CA 90291, USA

Coordinates: 33.986894, -118.473613

## Timeline Overview

Event Sign up and Bike check Opens	1.00pm	25	September	2020
Event Sign up Bike check Closes	5.00pm	25	September	2020
Farewell	5.30am	26	September	2020
Start from	6.00am	26	September	2020
End the latest	6.00pm	20	October	2020



## Rules

### 1. Riders must complete the full course under their own power.

Riders may ride any type of human-powered bike. Except fully covered recumbent bicycles and any kind of E-bikes.

It is fine to go off course to resupply or for emergency reasons (mechanical or medical).

Riders must return to the exact point of departure from the route to recommence their ride and any meter of the race route.

### 2. Riders must be fully self-supported.

Accept no help that others couldn't also receive along the way.

Using any form of social media to broadcast requests for help is forbidden.

Riders are responsible for finding food, water, accommodation, laundry, bike store services and anything else they may need along the way. Any service utilized must be available to all riders.

Friends and family are welcome to visit riders during the event to offer encouragement or take pictures, but they must not offer any material support or food of any kind.

Booking accommodation before the event is not allowed.

You are allowed to book accommodation after the event started.

#### Pair category:

Riders in the pair act as a unit and may share food, equipment, information and resources between themselves and help each other but no support is to come from outside the pair and resources cannot be shared outside the pair. To all intents and purposes the pair shall act as a solo rider and interact with others outside of the pair as such.

### 3. No Drafting at any time.

#### (Pair riders are allowed to draft each other)

Inevitably a rider may travel at the same pace as another rider. When riding together riders should ride side-by-side.

Riding in a group, even when not drafting, is significantly easier than riding solo. Riders will be asked to declare the extent of group riding after the event and this data may accompany the final individual result.

### 4. Riders must wear a helmet!



## 5. Riders must follow the US traffic law at any time.

The rider has to inform himself and make research about the cycling law in the US for the time the event takes place.

**The participant is aware that all liability rests on himself and that ABR can never be held liable for any damage whatsoever.**

## 6. All bikes have to pass a check up before the start.

Two white front lights and three red tail lights must be available for use.

(One white front light and two red tail lights must be permanently used during night time)

A rear red reflector must be permanently fixed to the bicycle.

Note that the rear reflector may be part of a rear light.

You have to wear a reflective vest during the night and low light situations like rain or fog.

A reflective ankle strap on each ankle must be worn at night time.

Reflective tape must be applied to crank arms, seat stays, fork and helmet on both sides.

### **Further Recommendations:**

It is strongly recommended that riders wear a reflective vest during the night.

It is strongly recommended that riders wear bright coloured jerseys during the day.

It is strongly recommended that riders add reflective tape or stickers to their bikes and attach reflective straps to their bags to assist with visibility from behind.

## 7. Riders are required to use a provided GPS

Tracking is simply showing rider locations on a map. It is nothing more than a web-based framework to present rider progress based on correct use of a tracking device. Unless a rider organizes it, no one will be tracking rider locations - riders alone are responsible for their own safety on course and for the logistics of their own ride.

The race will be tracked through an online tracking service, using rider supplied GPS

tracking devices . Final positions will be based on GPS tracking data

and racers will not be included in final results if a tracker is not used. Riders are

responsible for ensuring the correct use of their tracking devices. Riders with devices

that are switched off or not active for long periods may be excluded from the final results.

## 8. Individual times

A fair event is only possible with fair riders. We cannot enforce the rules without your entire support. The rules apply to all riders. Time penalties may be imposed and individual times may change due to rule violations. Penalties for violations will be decided after a rider has completed the course, or quit the event. Riders should self-police the rules. It is honourable to declare any rule violations and suggest a fair time penalty.



## Liability / Applicable law

Adventure Bike Racing of any other party involved at the event will never be liable towards the participants, their heirs and other people, for what material damage and/or personal injury of whatever nature and size whatsoever, that the participant and other parties can experience.

The participant takes part at his own risk and is responsible for any damage he might suffer. Adventure Bike Racing advises the participant to make sure they have a legal liability insurance.

In case there will be a liability for Adventure Bike Racing, the liability is only for the direct damage and is maximised to the amount that the insurance company will pay.

Dutch Law is applicable to the event and to the agreement.

## Insurance

Adventure Bike Racing does not provide any kind of insurance. You have to make sure you are well covered (valid traveling insurance) and have a complimentary rescue insurance. You will be asked to give us a copy of your valid insurance on registration day.

Adventure bike Racing can not be held responsible and is not reliable for a adverse event that may occur to you.

## Event Cancellation

The Five Parks Bike Ride will be cancelled by Adventure Bike Racing and their officials if instructed to do so by local authorities. The event will also be cancelled in case of force majeure or in any other case when Adventure Bike Racing believes that it is irresponsible to let it go forward. This decision is entirely up to Adventure Bike Racing and is final.

If the Five Parks Bike Race is cancelled, no results will be published. In a formal sense, each participant is their own ride organizer.



## Participant agreement

I vow to act as an ambassador for the event and the route. I understand the self-supported ethos is mostly based on a code of mutual respect and self-enforcement. I have read the rules, both on the website and in the event manual. Furthermore, I have read the entire event manual and understand what it implies.

I understand I must pay the registration fee to join the event.

I understand that the way to contact the organization is to email [info@adventurebikeracing.com](mailto:info@adventurebikeracing.com). Social media is not the way to contact the organization of the event about any issues.

I agree to unlimited usage of my images or videos from the event for event media.

I understand the administration fee guarantees just the route in GPX form.

I understand that ABR is never liable for anything, since they online provide a route and a gpx device. In the unlikely case that ABR will be held liable, the liability is maximized to the amount to which the insurance policy gives coverage.

I agree to abide by the safety requirements listed in the event manual.

I agree to show up for the safety and equipment check on September 25th, 2020.

I agree to sign a hard copy of the agreements in person at the safety and equipment check.

I understand that if I do not show up for the safety and equipment check that I will not be eligible to the event.

I will seek the event organization's expressed authorization before attempting to use the logo in any goods for sale (in any fashion including), but not limited exclusively to fundraising.

I will remain solely liable for payment of all and any taxes, surcharges, levies, imposts, fines, penalties or similar charges incurred by myself in the connection with the participation of myself in the event



I will not make or permit to be made any public announcement(s) in relation to this agreement without prior consent of Adventure Bike Racing nor (save as required by law) disclose to any third-party information concerning the terms or subject matter of this agreement from the date here of.

I understand that I have been warned repeatedly to buy third-party travel insurance to ensure coverage for evacuation services or repatriation of remains.

I understand something catastrophic may cause the event to be unable to function and that I will be guaranteed nothing in case of an event of force majeure, natural disaster, political situation, etc.

I understand that Adventure Bike Racing retains all rights over intellectual property, this includes, but is not limited to name, logos, photos and films.

I understand that it's just a bike riding event and if I make problems for myself, that's on me.

I agree to all decisions by Adventure Bike Racing in the management and execution of the event.

I understand that I can be ejected from the event if I am found to be in breach of the terms outlined in the event manual and the agreements. Decisions made by the event organization will be final.

I understand that German law is applicable to the event and that German law regulates the agreement between me and Adventure Bike Racing.

I understand that if I decide to scratch from the event, I must report this as soon as possible by emailing [info@adventurebikeracing.com](mailto:info@adventurebikeracing.com).

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## Participant Release and Waiver

Five Parks Bike Ride: In consideration of being allowed to participate in any way in the Adventure Bike Racing events, trainings and activities, I acknowledge, appreciate and agree that:

The risk of injury from many activities is significant, including the potential for permanent paralysis and death, while particular skills, rules equipment and personal discipline may reduce this risk, the risk of serious injury does exist. I understand the risks and I am prepared to bear the consequences.

I knowingly and freely assume all such risks, both known and unknown, even if arising from negligence of releases or others and assume full responsibility for my participation.

I understand that I am responsible for my actions. I will examine and inspect the activity in which I participate. If I observe any condition, which I consider to be unacceptably hazardous or dangerous, I will refuse to take part in the event until the condition has changed to my satisfaction, through my own actions or otherwise.

I understand that participation in the event may be extremely demanding both mentally and physically. I am qualified, in good health, and in proper physical and mental condition to participate in the event.

I fully understand that the event is unsupported, which means that I will be responsible for organizing, planning and executing my own ride during the event.

I fully understand there will be no on-the-ground organization by the releases during the event.

I fully understand I will be participating in the event alone and that the releases named below may not assist me in any scenario and may not even be contactable during the event.

I fully understand I will be responsible for sourcing my own assistance if I deem it necessary.

I fully understand any participant GPS // GPRS location tracking service offered as part of the event will be provided as nothing more than a web-based framework to present participants progress based on correct use of the tracking device.

I fully understand, unless I organize it, no one will track my location during the event.



I willingly agree to comply with the stated and customary terms and conditions for participating. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation.

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless Adventure Bike Racing, officials, directors, coordinators, agents and/or employee's, other participants, sponsoring agencies, sponsors, advertisers and any other party involved ("releases"), with respect to all injury, disability, death or loss or damage to person or property, whether arising from the negligence of releases or otherwise, to the fullest extent permitted by law.

I agree to having my information shared if needed. I consent to the release by any third-party to the release and their insurance carriers of my name and medical information that may relate solely to an injury I may suffer arising from the activity.

I understand that ABR and people of ABR that are involved in this event, are never liable towards the participants, their heirs and other people, for what material damage and/or personal injury of whatever nature and size whatsoever, that the participant and other parties can experience. I have read this release and liability and assumption of risk agreement, fully understand its terms, understand that I have given up substation rights by signing it, and sign it freely and voluntarily without inducement.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## Next of kin

All riders are required to give details of their next of kin, so that they can be contacted if the event organization becomes aware of any incident involving the participant.

Participant:

---

Participant phone number:

---

Next of kin:

---

Relation to rider:

---

Email:

---

Next of kin phone number

---

## Contact Adventure Bike Racing

Register here: <https://www.adventurebikeracing.com/fiveparksbikeride/>

**Main contact:**

mail: [info@adventurebikeracing.com](mailto:info@adventurebikeracing.com)

**Fun contacts:**

Facebook: [www.facebook.com/adventurebikeracing/](https://www.facebook.com/adventurebikeracing/)

Instagram: [www.instagram.com/adventurebikeracing/](https://www.instagram.com/adventurebikeracing/)

Sincerely,

Michael Wacker

Team Adventure Bike Racing