



Three Peaks Bike Race // #TPBR2027

Please read the manual completely and save it. It contains all the info!

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Contact Adventure Bike Racing

Register here: <https://adventurebikeracing.com/threepeaksbikerace>

Only way to contact us is via mail please.

Make sure you receive our mails. Check your spam folder to not miss any infos.

ONLY CONTACT:

info@adventurebikeracing.com

Whatsapp group:

<https://chat.whatsapp.com/BeMfZtSWNW6ErD31oLP1RG?s=sh&p=i&ilr=4>

We will only share email updates in the whatsapp group to not miss out on any info before and during the event. Sometimes our mails get stuck in spam folders due to the amount of pics and links.

Fun contacts:

Facebook Group: <https://www.facebook.com/groups/1759815427648662/>



About

The "Three Peaks Bike Race" is a self-supported ultra cycling event across the Dolomites, the Alps and sometimes the Pyrenees.

The TPBR is a do-it-yourself challenge. You are your own "ride organizer". No assistance means that you are on your own. No one will help a rider if things go wrong for him in any ways. You can only count on yourself. Understand that this is a personal challenge against the clock. Not against others.

GPS tracking is mandatory and provided but is simply showing the rider's location on the map and to make sure no one is bending the rule. It is nothing more than a web-based framework to present rider progress based on correct use of a tracking device.

This Event is designed for riders who want to get a taste for self-supported bike riding or for experienced riders who want to test themselves in particular training conditions before their main season goal(s).

The routing concept is that you have to plan your own route to get from A to B via the different mandatory checkpoints. Parcours listed in the manual (Route section) must be ridden!

Riders are urged to take planning seriously. Riders must study the route and the services available. We reserve ourselves the right to prohibit some sections for safety reasons. You will be notified in time.

Start is in Vienna from the Schönbrunn Palace on July 03rd from 13.00!

Finish in 2027 is Nice - France!

Official finish closes July 13th at 18.00!

Finished is not staffed between 2.00 a.m. and 6.00 a.m.

**The Event has two categories - solo and team
A team can have up to 4 riders.**



Registration, Fee and what you get for it

First come - first serve registration.

Early Bird Registration!

Early Bird Registration closes January 1st, 2027

Fee for Early Bird Registration Solo category is 279 Euro.

Fee for Early Bird Registration Team category is 259 Euro.

For the Team category all riders have to register and pay.

Please tell us your team name.

Late Registration if not sold out!

Late Registration opens January 2nd, 2027 and closes May 1st, 2027

Fee for Late Registration Solo category is 329 Euro.

Fee for Late Registration Team category is 309 Euro.

For the Team category all riders have to register and pay.

Please tell us your team name.

What we provide for the fee?

- Provided tracking site

(linked here: <http://adventurebikeracing.com/threepeaksbikerace>)

- Pictures we take during the event (*we cannot guarantee we have yours but we will try*)

- Publishing individual times on our website

<http://adventurebikeracing.com/threepeaksbikerace>

- *We not offer any kind of luggage transport to the finish*

Refund policy:

169,-Euro refund until February 1st, 2027

After February 1st, 2027 no refund! We also not offer any transfer to another rider or another year. So please don't ask for that possibility.



Sign up

Sign up location will be here:

Margaretenstraße 64, 1050 Wien, Austria

Sign up opens: 10.00 local time - Friday July 02rd, 2027

Sign up closes: 18.00 local time - Friday July 02rd, 2027

You get: Tracker, Cap

We do: Bike check (light, helmet, brakes)

Saturday July 3rd: No Sign up and no bike check!

Start

Start location will be here:

Schönbrunner Schloßstraße 47, 1130 Vienna, Austria

Coordinates: 48.187049, 16.313448

Start: Saturday from 13.00 local time - July 3rd, 2027

A GPX file of the Start Parcours will be published on our website!

You have to ride the full parcour!

Start will be in small groups every 10 minutes.

Note that you ride on a public road/path right away and you share it with other bikers and hikers. So please be respectful!

Own Tracker:

In case you want to use your own spot tracker we will refund 15,- Euros.

If you have your own tracker we have to add it to our event map and need the following information before **June 01st, 2027 via mail.**

XML feed:

Note that we can just add the Spot Gen or Spot Trace.

We can not add any other tracker on our event map!



The Route

TPBR takes you across the most beautiful landscape in Europe!

It is also one of the most challenging terrain for cycling you will find on our beautiful planet.

You have to ride on a self-planed cycling route along three high Mountain Peaks all the way to the finish using only the power produced by your muscles. Ride to the next Peak of the event over another big mountain or take the longer flat way around.

Important:

- Please note that its not allowed to share any route designs with other participants. Its an individual task and already considered a part of being self sufficient.
- If you want to share a safety concern regarding the route please do so via mail.
- The route will be send via mail to all participants on June 10th the latest. (Mostly earlier) Until than the provided gpx files can be taken to plan but some small changes might come with the latest update.



Peaks 2027

You have to ride all three Peaks (Peak parcours)

Peak 1

Passo Giau - Dolomites (You can choose the direction)

A GPX file of this Parcours will be published on our website!

You have to ride the full parcours!

Peak 2

Furka Pass - Alps (You can choose the direction)

A GPX file of this Parcours will be published on our website!

You have to ride the full parcours!

Peak 3

Col du Galibier - French Alps

A GPX file of this Parcours will be published on our website!

You have to ride the full parcours!

Finish Parcours - Nice

A GPX file of the Finish Parcours will be published on our website!

You have to ride the full parcours!

Official Finish closes: 1800 local time - July 13th, 2027

Riders who finish later still get ranked in the general classification with their individual time!

IMPORTANT: In case the road within the parcours is blocked and you have to reroute please find the safest and shortest route around and back to the parcours!

Peak Picture

As a proof of successful ride to and through the Checkpoints, you will be asked to take a picture of your smiling face indicating the summit of the pass. Please keep these pictures until the official results are published in case there was a problem with the gpx tracking.

As a proof of successful ride to and through the Checkpoints, you will be asked to take a picture



Rules

1. Riders must complete the full course from start to finish on a self-planned route passing over 3 mandatory mountain Peaks.

Peaks can be coordinates or a parcours. More info in the route section in this manual
Riders may ride any type of human-powered bike. Except recumbent bicycles and any kind of Electronic-bikes.

2. Riders must be fully self-supported.

Accept no help that others could not receive along the way.

i.e : Should your route take you through your hometown, you would not be ok sleeping in your bed, neither in your garden.

Using any form of social media to broadcast requests for help is forbidden.

Riders are responsible for finding food, water, accommodation, laundry, bike store services and anything else they may need along the way.

Any service utilized must be available to all riders.

Friends and family are welcome to visit riders during the event to offer encouragement or take pictures but they must not offer any material support or food of any kind.

Team category:

Riders in the team act as a unit and may share food, equipment, information and resources between themselves and help each other but no support is to come from outside the team and resources cannot be shared outside the team. To all intents and purposes the team shall act as a solo rider and interact with others outside of the team as such.

3. No Drafting at any time.

(Team riders are allowed to draft each other)

Inevitably a rider may travel at the same pace as another rider. When riding together riders should ride side-by-side.

Riding in a group, even when not drafting, is significantly easier than riding solo.

Riders will be asked to declare the extent of group riding after the event and this data may change the final results. We will monitor riders closely using the GPS tracking devices and mapping.

4. Riders must follow the local laws at any time.

The rider has to inform himself prior to the race and enquire about the cycling laws in the countries he intends to cross for the time the event takes place.

i.e: in France, high visibility reflective vests are mandatory to ride at night and headsets prohibited.



5. All bikes have to pass a check up before the start.

Two white front lights and two red tail lights must be available for use. We strongly advise you to have two different power sources.

Reflective tape must be applied to crank arms, seat stays, fork wheels and helmet on both sides. (Make sure it really is the seat stay and it is reflecting to the back and side)

Further Recommendations:

It is strongly recommended that riders wear a reflective vest during the night.

It is strongly recommended that riders use an extra helmet light in addition to their normal lights at night.

It is strongly recommended that riders wear bright colored jerseys during the day.

It is strongly recommended that riders add reflective tape or stickers to their bikes and attach reflective straps to their bags to assist with visibility from behind.

6. Riders are required to use a provided GPS

Tracking is simply showing rider locations on a map. It is nothing more than a web-based framework to present rider progress based on correct use of a tracking device. Unless a rider organizes it, no one will be tracking rider locations - riders alone are responsible for their own safety on course and for the logistics of their own ride.

The event will be tracked through an online tracking service, using rider supplied tracking devices. Final positions will be based on tracking data and riders will not be included in final results if a tracker is not used. Riders are responsible for ensuring the correct use of their tracking devices. Riders with devices that are switched off or not active for long periods may be excluded from the final results.

7. Results and classification

A fair event is only possible with fair riders. We cannot enforce the rules without your entire support. The rules apply to all riders. Time penalties may be imposed and riders may not appear in the final results due to rule violations. Penalties for violations will be decided after a rider has completed the course, or quit the event. Riders should also self-police the rules. It is honourable to declare any rule violations and self-disqualify or suggest a fair time penalty.

> If a rider fails to ride to all three peaks he will be marked **dnf (did not finish)** in the classification.

> The use of a tunnel or road which is forbidden for cyclists will also lead into a **dnf** classification!



More than just rules!

Ahead of the event I want to address a problem our sport has developed over time. This problem shapes a Public opinion that what we do is extreme, dangerous and even impossible. The problem is the systematically use of painkillers and caffeine pills.

As most of you know, our sport is defined by a few simple rules and we want to keep it that way. We do not want to create a 1000 pages rule book which would create a guideline what's wrong but also what limits would be allowed. Our rules are not about limits, they are about acting fair and with respect at all times.

The spirit is captured by the term 'self-supported'. As a rider you must take care of yourself, and not accept outside assistance. As a participant, you have agreed that you will "act as an ambassador for the event", and that you "understand the self-supported ethos is mostly based on a code of mutual respect and self-enforcement." With the development of our sport over the past few years, it appears that the spirit, the self-supported mind-set, has lost some of its strength. I would therefore like to address two issues which are heavily at odds with the ethos of these races.

The systemically use of medication and caffeine pills.

Painkillers are for killing pain as a last resort; they are not intended to pre-numb your body. Caffeine pills are used as convenient endurance performance boosters. Being able to tolerate pain and being able to ride with less sleep, are skills that can be trained. Pills are outside support and diminish your personal accomplishment. Moreover, pain is a signal your body gives you when you are crossing a boundary. It is important that you can feel this signal and act on it.

Self-policing

Self-supported racing is not about cheating the system. It is not about defying the rules and getting away with it because you didn't get caught. Self-supported racing is about being self-reliant and taking ownership of you own race. You have to make your own decisions and it is up to you to follow the rules of the race. If you make a mistake (accidentally or intentionally) it is your responsibility to pro-actively inform the organizers. The point of this rule is not to exclude or disqualify riders. It is to create a level playing field and to allow for fair racing.

You will be riding your bike across Europe for almost 2500km, and we want you to be the happiest version of yourself, not the fastest version of yourself at all costs. Keep it safe, keep it fair, keep it fun and stay healthy.

Michael
Adventure Bike Racing



Insurance

Adventure Bike Racing does not provide any kind of insurance. You have to make sure you are well covered (valid traveling insurance for example).

Adventure Bike Racing can not be held responsible and is not reliable for an adverse event that may occur to you.

Please do not ask us what kind of insurance you need. Contact your insurance partner and explain them the event you signed up for.

Only they and there policies know for which events you are covered!

Event Cancellation

The TPBR will be cancelled by Adventure Bike Racing and their officials if instructed to do so by local authorities. The event will also be cancelled in case of force majeure or in any other case when Adventure Bike Racing believes that it is irresponsible to let it go forward. This decision is entirely up to Adventure Bike Racing and is final.

If the TPBR is cancelled, no results will be published. In a formal sense, each participant is their own ride organizer.

Liability / Applicable law

Adventure Bike Racing or any other party involved at the event will never be liable towards the participants, their heirs and other people, for what material damage and/or personal injury of whatever nature and size whatsoever, that the participant and other parties can experience.

The participant takes part at his own risk and is responsible for any damage he might suffer. Adventure Bike Racing advises the participant to make sure they have a legal liability insurance.

In case there will be a liability for Adventure Bike Racing, the liability is only for the direct damage and is maximised to the amount that the insurance company will pay.

German Law is applicable to the event and to the agreement.



Participant agreement

I vow to act as an ambassador for the event and the route. I understand the self-supported ethos is mostly based on a code of mutual respect and self-enforcement.

I have read the rules, both on the website and in the event manual. Furthermore, I have read the entire event manual and understand what it implied

I understand I must pay the registration fee to join the event.

I understand that the way to contact the organization is to email info@adventurebikeracing.com. Social media is not the way to contact the organization of the event about any issues.

I agree to unlimited usage of my images or videos from the event for event media.

I understand the entry fee guarantees just a place in the event and the official cycling cap.

I understand that ABR is never liable for anything, since they only provide a route and a cap. In the unlikely case that ABR will be held liable, the liability is maximized to the amount to which the insurance policy gives coverage.

I agree to abide by the safety requirements listed in the event manual.

I agree to show up for the safety and equipment check on July 2nd, 2027.

Find attached the check list we use for the bike check! **Be well prepared! We do not have the time to discuss everything individually just because you came unprepared!**

I agree to sign a hard copy of the agreements in person at the safety and equipment check.

I understand that if I do not show up for the safety and equipment check that I will not be eligible to the event.

I will seek the event organization's expressed authorization before attempting to use the logo in any goods for sale (in any fashion including), but not limited exclusively to fundraising.

I will remain solely liable for payment of all and any taxes, surcharges, levies, imposts, fines, penalties or similar charges incurred by myself in the connection with the participation of myself in the event



Participant Release and Waiver

ThreePeaks Bike Race 2026: In consideration of being allowed to participate in any way in the Adventure Bike Racing events, trainings and activities, I acknowledge, appreciate and agree that:

The risk of injury from many activities is significant, including the potential for permanent paralysis and death, while particular skills, rules equipment and personal discipline may reduce this risk, the risk of serious injury does exist. I understand the risks and I am prepared to bear the consequences.

I knowingly and freely assume all such risks, both known and unknown, even if arising from negligence of releases or others and assume full responsibility for my participation.

I understand that I am responsible for my actions. I will examine and inspect the activity in which I participate. If I observe any condition, which I consider to be unacceptably hazardous or dangerous, I will refuse to take part in the event until the condition has changed to my satisfaction, through my own actions or otherwise.

I understand that participation in the event may be extremely demanding both mentally and physically. I am qualified, in good health, and in proper physical and mental condition to participate in the event.

I fully understand that the event is unsupported, which means that I will be responsible for organizing, planning and executing my own ride during the event.

I fully understand there will be no on-the-ground organization by the releases during the event.

I fully understand I will be participating in the event alone and that the releases named below may not assist me in any scenario and may not even be contactable during the event.

I fully understand I will be responsible for sourcing my own assistance if I deem it necessary.

I fully understand any participant GPS location tracking service offered as part of the event will be provided as nothing more than a web-based framework to present participants progress based on correct use of the tracking device.

I fully understand that in case the tracking device gets lost during the event I will be charged a 180,- Euro fee.

I fully understand, unless I organize it, no one will track my location during the event.



Three Peaks Bike Race // Bike check

Full Name:

Number:

Bike Check

Handlebar (check for play)

Brake

Wheels (check for play)

Reflective tape - Cankarms (min 12cm high and completely wrapped - both sides)

Reflective tape - Seat stays (min. 25cm high and completely wrapped)

Reflective tape - Fork (3cmx20cm minimum - both sides)

Reflective tape - Wheels (3x 2cmx10cm minimum)

Alternative: Spoke reflector (2x2 cat eyes)

Alternative: Reflective spoke clips (minimum 9 each wheel in 3x120° steps!)

Reflective tape has to be attached on both wheels and each sides!

Reflective tires would be a good addition!

Protip: Use electrical tape below the reflective tape to make the removal process more simple!

Two Front lights

Both must be fully functional lights.

They both need to last at least 9 hours in a normal mode and not just in economy mode!

One has to be mounted. The second can be in your bag!

→ Day riding lights will not be excepted as a spare light

Two High visible tail lights

They both need to last at least 9 hours in a normal mode and not just in economy mode!

One Additional Helmet tail light:

Clarification: Overall you need 3 tail lights in total.

Helmet (Reflective Tape left, right and back!)

(Reflective tape 3cmx10cm minimum)

Reflective Vest:

Hydration Backpacks in a bright color with **big** reflective elements can be an alternative!

Rider Signature



Reflective Bike Setup:



